



PHYSICAL EDUCATION

What will I learn at A-Level and how will I be assessed?

Subject content:

1. Applied Anatomy and Physiology
2. Exercise Physiology
3. Sport Psychology
4. Contemporary Issues in Physical Activity and Sport
5. Skill Acquisition
6. Biomechanics
7. Sport and Society
8. Performance or Coaching
9. Evaluation and Analysis of Performance

What's assessed?

Three Written Papers and one Non-Examined Assessment (Practical Performance)

Paper 1 – Physiological factors affecting performance

Written Paper, 2 hours; 90 marks 30% of total A-Level

- Applied anatomy and physiology
- Exercise physiology
- Biomechanics

Paper 2 – Psychological factors affecting performance

Written Paper, 1 hour; 60 marks 20% of total A-Level

- Skill Acquisition
- Sports Psychology

Qualification

A-Level

Start Date

September 2020

Finish Date

June 2022

Future opportunities

The qualification looks to equip students for H.E or the world of work.

Paper 3: Sociocultural Issues in Physical Activity and Sport

Written Paper, 1 hours; 20% of total A-Level 60 marks.

- Sport and society
- Contemporary issues in physical activity and sport

Non exam assessment (NEA) : Performance in Physical Education

How its assessed: Internal assessment with external moderation. 60 Marks; 30% of total A-Level

- Performance or Coaching
- Evaluation and Analysis of Performance for Improvement (EAPI)

Students are assessed as a performer or coach in the full sided version of one activity

There is a synoptic element to the assessment of A-Level Physical Education and this will be assessed in each component.

Other Information

The Centre has the capacity to assess students in the following activity areas:

Football; Basketball; Rugby; Badminton; Fitness; Gymnastics; Athletics; Volleyball; Netball; Table Tennis; Judo; Karate; Dance; Softball; Baseball and Rounders.

All other activity areas will be assessed off site under secure conditions.

Entry Requirements

Evidence of regular performance in a competitive sport over the last 12 months (eg through playing for a school team, or for a local club)

AND

EITHER Grade 5 in GCSE Biology
OR Grade 5-5 in GCSE Science
(AQA Trilogy/Edexcel Combined/
OCR Gateway)

OR Grade 5 in GCSE PE

AND

Grade 5 in GCSE English