

### Dear Parent/Carer

# Parental update 78

This edition of our *Update* has been overshadowed by the tragic death of a young girl in our city last night. Dr Silverstone wrote to parents (through ParentMail) earlier today, and I'm reproducing his letter below.

As well as reiterating his message about the support that's available for your son or daughter if they need it, I'd like to ask you to talk to your son or daughter about Violence Against Women and Girls. I would hope that your son or daughter would be able to tell you about the Assemblies Dr Silverstone has led this term (or by the Sixth Form team for post-16 students), and the messages we've been communicating have 'sunk in'.

Do please keep all those affected, and our whole City, in your thoughts and prayers this weekend. We all need the hope of Advent at this time.

### Last day of term

As you'll be aware, Wednesday 22nd December is a half-day for students. There won't be any lessons that day for main school students; instead, the morning will be spent in forms and in special Rewards Assemblies. The times of the day will be slightly different too, as they were at the end of the Autumn Term in 2020. They will run as follows:

Year	Time to arrive in school	Expected dismissal time
Year 7	9:00am	10:55am for those in the school choir 10:00am for those not in the choir
Year 8	9:45am for those in the school choir 11:00am for those not in the choir	12noon
Year 9	11:30am	12:30pm
Year 10	9:30am	10:30am
Year 11	10:00am	11:30am

#### Reminder

School is **closed to all students** on Monday 6th December.

### Correction

Apologies for a typographical error in the Parents' Evening information that was circulated in *Parental Update* 77. A corrected version is reproduced below.

Year	Date(s)	Virtual/on-site
Year 7	Tuesday 7th December 2021 Virtual	
Year 8	Thursday 3rd March 2022 Virtual	
Year 9	Thursday 13th January 2022	Onsite
Year 10	Thursday 28th April	Virtual
Year 11	Wednesday 24th November 2021	Virtual
1 ear 11	Wednesday 30th March 2022	Onsite
Sixth	Tuesday <b>15th</b> February, 2022	Virtual
Form	(A Year 13 evening has already been held)	

# Finally...

We'll be in touch again in a fortnight's time, but do please remember that if you – or your son or your daughter – need us before then, we're here to help.

Yours faithfully

Stephen Brierley

Principal.

#### A letter from Dr Silverstone

Dear parents and carers

You may be aware of the tragic incident that occurred yesterday evening in Liverpool city centre, resulting in the death of a 12 year old girl. We know that many young people across the city will be deeply affected by what has happened. We will of course support students while they are in school, and if your child has been affected by this incident in any way, please do let us know or ask them to see their Head of Year or indeed to speak to any adult in school.

If any students require out of hours support, at the end of this email is a list of services that young people and their families can turn to.

I would like to stress that we have no information to suggest that any of our students are directly involved in the incident, but it is possible that some may have been in the city centre last night or know people who were there, or that they may know people who were more directly involved themselves.

Yours faithfully

Dr D Silverstone

Designated Safeguarding Lead

### **OUT OF HOURS AND EMERGENCY CARE**

Below are some options available to children and young people in Liverpool:

### You May Just Want Someone To Talk To ...

Below are some phone numbers and links that may be useful:

# ALDER HEY CAMHS - CRISIS CARE TEAM

Alder Hey Crisis Care Team -24 hours a day, seven days a week. The Crisis Care Team offer advice, consultation, and direct intervention to children/young people and their Families. Contact the team 24/7 on  $0151\ 293\ 3577$ .

### YOUNGMINDS CRISIS MESSENGER

If you are a young person experiencing a mental health crisis, you can text the YoungMinds Crisis Messenger for free, 24/7 support. **Text YM to 85258** 

For more information visit YoungMinds website here

### NHS 111

Where trained health professionals can give you health advice and information 24 hours a day. Telephone:

Click here to go directly to the NHS 111 website

#### THE SAMARITANS

Offer a 24-hour confidential helpline. Samaritans volunteers listen in confidence to anyone in any type of emotional distress, without judging or telling people what to do.

Telephone: 08457 90 90 90 Textphone: 08457 90 91 92

Click here to go directly to the Samaritans website

#### CHILDLINE

Childline is here to help anyone under 19 in the UK with any issue they're going through. Whether it's something big or small, our trained counsellors are here to support you. Childline is free, confidential and available anytime, day or night. You can talk to us on the phone, by email or through 1-2-1 counsellor chat. Whatever feels best for you.

Telephone: 0800 1111 1-2-1 Counsellor Chat

**BSL** Users

Click here to go directly to the Childline website

# You May Need To See Someone ...

At times children and young people may become distressed and need to be seen in an emergency. The following is available for children and young people in Liverpool:

### GP OUT OF HOURS SERVICE

A GP is available when your local surgery is closed during evenings, weekends and Bank Holidays. If you need urgent healthcare which cannot wait until the next working day, you can access a GP via the GP Out of Hours service. Call your Doctor's surgery on the usual number and you will either be transferred to the Out of Hours service, or there will be an answer phone message with details of how to access it. The out of hours service operator will take details of your call and pass these to a doctor or nurse, who will contact you and, depending on your circumstances, will offer you one of the following options:

- Telephone advice
- An appointment at a healthcare service in your area that evening
- A home visit.

### ACCIDENT & EMERGENCY: CHILDREN & YOUNG PEOPLE AGED 0-16 YEARS

If a child or young person becomes distressed or shows signs of becoming a risk to others or themselves they should be taken to A&E at Alder Hey Children's Foundation Trust following receipt of parental/carer permission. The Specialist mental health service provided by this trust operates a duty on-call system and a clinician will be called to attend A&E to support and provide an assessment of the child or young person. A Psychiatrist on-call system operates through the evening.

### ACCIDENT & EMERGENCY: YOUNG PEOPLE AGED 16+

Young people aged 16+ showing signs of distress or becoming a risk to themselves or others should be taken to A&E at the <u>Royal Liverpool University Hospital Trust</u> or <u>University Hospital Aintree</u>. A member of the mental health crisis team will provide an assessment of the young person. This is a 24-hour service.